



G.T. HARVEY & PARTNERS

OPTOMETRISTS

Your Vision, Our Focus

## Focus on Vision

January 2018 - Winter Newsletter

Welcome to our latest newsletter!

**We hope you all had a lovely Christmas and would like to wish you all a happy and healthy 2018.**

2018

2017 was an exceptionally busy year for us with new members of staff, new optical equipment and new spectacle frame ranges.

I would also like to thank everybody who has recommended a friend or relative to us for an eye examination. Through your kind recommendations we have continued to grow as a practice.

As I am sure many of you are aware, in 2017 we decided to make a small donation to the *Guide Dogs* charity for every new patient we saw. To this end we have made a donation of £670 to this deserving charity. As this has been successful we aim to build upon it in 2018 by rewarding your loyalty and

belief in G T Harvey and Partners. Everyone who recommends a new patient to us for an eye examination before 1st December 2018 will be entered into a prize draw to win a fantastic five star weekend experience for two people at the Glasshouse Hotel in Edinburgh. This beautiful boutique hotel boasts a prime location close to the centre of Edinburgh and is renowned for its five star luxury. In addition to this we will also enter the new patient into the prize draw too!

When you refer a friend or relative to us all they have to do is tell us who recommended them and we will automatically enter you both into the prize draw. We will also continue to make our usual donation to *Guide Dogs* as well.

Finally thank you all once again for helping us raise money for the *Guide Dogs* charity.

Best wishes

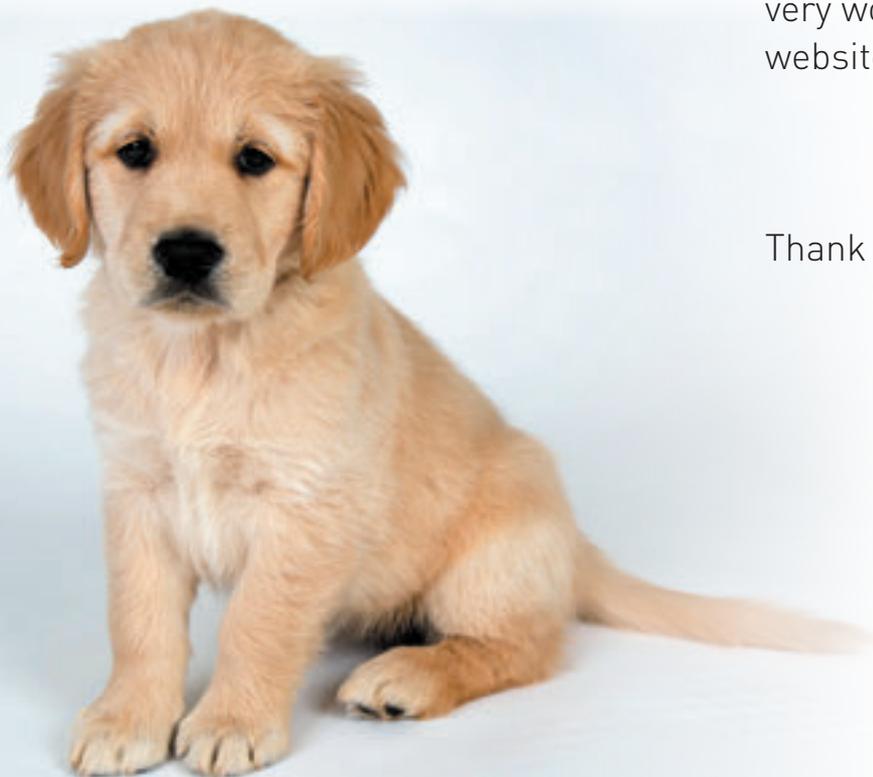
Stuart and the Team

Award Winning Eyecare

# Guide Dogs

As many of you already know we have an ongoing sponsorship program with the **Guide Dogs** charity. This charity receives no government funding and relies solely on voluntary contributions. All donations are used for food, training and vet bills and it costs approximately £56,800 to support a guide dog from birth to retirement. As the average working life of a dog is between 6-7 years, many blind or partially sighted people require between 6-8 dogs in their lifetime to provide independence and freedom.

We sponsor three puppies at a time and once they finish their training another three take their place. Training is extremely arduous and intensive, taking up to 2 years to complete, in order that the puppies can become fully fledged guide dogs. In our latest group only one of the puppies met the required standard.



The other two have been adopted by their puppy walkers as family pets.

We also have a **Guide Dog** collection box in reception and would like to thank you all for your generosity in consistently ensuring that it is one of the fullest ones in Newcastle.

**The last cheque we posted to the charity was for £206.00!**

This money is used within other areas of the charity such as **Blind Children UK** (which became part of the **Guide Dogs** charity in 2013). It provides services, grants and loans to blind children and their families with the aim of making them feel more confident and independent in the world.

If you are interested in finding out more information on how you can help this very worthwhile charity please visit their website:

[www.guidedogs.org.uk](http://www.guidedogs.org.uk)

Thank you again for your support.



# Focus on Frames



Silhouette have been producing classic and innovative eyewear in Austria since 1964. We have stocked their frames for over thirty years and have come to rely on the outstanding quality of their designs. They are an integral part of our classic range of frames and their appeal is timeless.

Silhouette pride themselves on delivering exceptional aesthetic frames encompassing the principle points of their design ethos: unparalleled lightness through inner strength.

Their production philosophy places emphasis on craftsmanship, which they liken to that of a cottage industry. The resulting frames are individually created from the highest quality materials.

They are perhaps most well known for revolutionizing the eyewear world with

# Silhouette®

their production of the worlds lightest frames. Most of you will have seen or even purchased a pair of Silhouette rimless frames and been amazed at how lightweight and comfortable they were. They really do design a wide range of styles which appeal to everyone from Brad Pitt to the Queen, to name a few famous faces who have worn them!

If you are interested in looking at the latest Silhouette designs contact us at the practice to arrange an appointment and experience the high quality and exquisite workmanship for yourself.



# Patient Question & Answers

Q: Mrs Hewitt from Hexham asked us...

**“When should I have my child’s eye tested?”**



A: Optometrists can look after the eyes of children, toddlers and even babies. Often the sooner an eye problem is detected the better and some eye conditions can be treated much more effectively if they are discovered by the age of three. In the case of squints and Amblyopia (a lazy eye), the sooner it is picked up the better!

Even if you do not have any concerns about your child’s vision it is important to ensure that the health of the eyes is assessed. Many health problems and diseases (such as diabetes) can be detected during eye examinations, so they serve as an important health check in general.

It is also important to have your child’s eyes tested before they start school in order to detect any visual issues which could affect their ability to learn.

Finally eye examinations are free for children under the age of sixteen; so there really is no reason not to have your child’s vision and eye health checked.